



# Pre/Post Field Trip Lesson Plan

## Upcycle Your Classroom!

### TEACHER BACKGROUND INFORMATION:

The Upcycle Garden at The San Mateo County School Farm is meant to inspire waste reduction in school and home growing spaces. The Upcycle Garden was installed in Summer 2019 and was funded by The San Mateo County Office of Sustainability. Below are curriculum resources to help get started with an upcycle project in your classroom or garden.

Curriculum Resources: These activities compliment the Upcycle Garden at The HEAL Project farm and can be used as pre or post lessons or stand alone lesson plans.

#### **Art Projects:**

<https://www.pinterest.com/nationalplt/upcycled-projects-for-kids/> This pinterest board shows some great ideas for upcycling recyclables into art for students. The HEAL Project recommends using what you have in excess at school for your art projects, or having the students collect items from home.

#### **Reduce, Reuse, Recycle, Rot lessons for all subjects:**

<https://www.plt.org/educator-tips/reduce-reuse-recycle-lesson-ideas> Project Learning Tree curated lesson plans for the 4R's.

#### **Classroom Organizers:**

<https://www.weareteachers.com/23-upcycling-hacks-for-the-classroom/> Creative ways for upcycling projects to have a lasting impact. Make useful and colorful organizers for your classroom

#### **Upcycle Garden Planters:**

<https://www.growingajeweledrose.com/2013/03/outdoor-nature-gardening-activities.html> There are thousands of lesson plan ideas out there for upcycle garden planters. This list is a great start for lessons you can do easily with students.

<https://www.upcycled-wonders.com/garden/garden-junk-ideas-garden-art-junk> More great ideas that would work well with older students or with adult supervision.

#### **Waste Reduction:**

<http://www.wakegov.com/recycling/recycle/ftb/Pages/lessonplans.aspx> Expand on upcycling to include all facets of waste reduction with these lesson plans.