

Welcome to the San Mateo County School Farm run by The HEAL Project!

Please contact our Programs Manager, Donya Foley, for any further information at farm@thehealproject.org.

PARKING & DIRECTIONS

The best address to use to get to the parking destination (the public park on Bridgeport drive) is **300 Bridgeport Drive, Half Moon Bay, CA 94019**. ALL CARS AND BUSES must park at the public park and be escorted to and from the farm by the Farm Educator. Please call our Farm Educator at **650-339-1733** 10 minutes before arriving at the park.

If parents are driving please inform them of this policy. They will meet you there and lead your group to the farm. **Please do not leave the park without the farm educator present.** We ask all guests to follow these guidelines to help us maintain a positive relationship with the residents of the neighborhood the farm is adjacent to.

FROM HALF MOON BAY

Travel north on Highway 1 for 4 miles

After stoplight at Capistrano Rd, turn
RIGHT onto Coral Reef Ave

Turn left onto Bridgeport Drive

Continue ½ mile to public park on
right side of Bridgeport. Park in front
of the public park

FROM PACIFICA

Highway 1 south through Pacifica
and Moss Beach

Pass airport and Farmers Daughter
fruit stand

Turn Left onto Coral Reef Ave. Turn
Left onto Bridgeport Drive. Continue
½ mile to public park on right side of
Bridgeport. Park in front of the
public park



270-300 Bridgeport Drive = parking destination

700 Bridgeport Drive = farm entrance (**do not park here unless instructed by The Farm Programs Manager**)

LEAVE NO TRACE POLICY

We have a pack in/pack out garbage policy. We do not have a public trash can on the farm, therefore we ask that any garbage that comes on to the farm with your group goes home with your group. We do collect raw fruits and vegetables for our compost bin. Tips for a waste-free lunch:

<https://ecocycle.org/component/content/article/32-general/blog/479-waste-free-lunch>

<https://www.epa.gov/students/pack-waste-free-lunch>

Your group is responsible for carrying your lunch supplies to/from the park to the farm. Teachers of younger grades may consider using a small wagon to transport the lunches easily. Bringing trash bags is recommended.

CLOTHING RECOMMENDATIONS

Check the weather the day before coming to the farm and dress accordingly. Weather changes quickly, so we encourage layers, hats, sunglasses, sunscreen and water for drinking. Rain boots/rain gear are helpful in the rainy season. Wear clothes you feel comfortable getting dirty in. We will have gardening gloves and hand washing stations available.

Optional: Nametags on the students (this helps our educators learn their names).

CORONAVIRUS PRECAUTIONS

The safety of your students and our staff is our highest priority. We will not be conducting health checks at the time of your field trip time, therefore we are relying on teachers and schools to monitor students' health before the trip. Please do not attend the field trip if **any** students have symptoms of Covid-19, including but not limited to fever, headaches, cough, or other flu-like symptoms. Additionally, please do not attend your scheduled field trip if a student or chaperone has been exposed to Covid-19 in the 48 hours prior to your field trip date. **Masking is optional.**

MEDIA AND LIABILITY RELEASE CONSENT FORM

We ask all individuals participating in the field trip to sign and return the Media and Liability Release Consent Form by the date of your visit. Forms only need to be returned once if participants are coming to the farm in both Fall and Spring. Parents can opt out of the media release portion however the liability is required by all.

INVOICES

If your school has been invoiced payment is due on or before your field trip date. Payment can be received by check or cash. Checks must be made out to "The HEAL Project". If you mail a check please send it to our address: P.O. 3051, Half Moon Bay CA 94019.

CHAPERONE GUIDELINES

The maximum number of chaperones on a field trip with ~30 students (or 1 class) is 9. Field trips with 60 students may bring up to 18 chaperones. This does not include teachers but does include student aides. If more chaperones are required for transportation we may be able to accommodate you. Chaperones are allowed to bring one younger sibling who is monitored by their parent at all times. One group may have up to three younger siblings present on the field trip.

Chaperones are expected to be positive role models, assist the Farm Educator as needed, and refrain from cell phone conversations during

class.

PROHIBITED ITEMS

We are on a commercial farm located near a neighborhood. In order to continue offering programming in the future, we ask that everybody follow the rules below:

- No dogs on the farm. If someone in your group requires an aide dog, let us know ASAP.
- No smoking on the farm.
- Please refrain from talking on your cell phone during the trip. If you need to use your phone, please step away from the group. **Students are not allowed cell phone use.**

RESCHEDULING/ CANCELLATION POLICY

No refund will be issued if the trip is canceled without notice or within two weeks of your field trip date. While we do not have a fully enclosed indoor learning space, we can do field trips rain or shine. We will consider cancellation/rescheduling in the event of high wind storms, thunderstorms, extremely unhealthy air quality or a covid outbreak in your class.

You **will not receive a refund** if you do not show up to your scheduled field trip date with **no advance notice**.

ACTIVITIES AND GROUP SIZES

There will be one Farm Educator per class. Classes will be kept in one group throughout the day, although many activities will involve breaking out into smaller groups. This will be facilitated by the Farm Educator.

Activities are seasonal and grade specific. Generally every field trip includes at least one “farm chore” or giveback. This may be composting, weeding, planting, mulching, etc. For three hour trips we give a lunch break mid way through the field trip. Shorter field trips will not receive a lunch break and should plan on having a snack time before the trip begins. If you want to make arrangements to have lunch during or after programming for Setting Roots trips, please give prior notice. Water breaks will be provided based on the needs of the group.

Specific lesson plans can be provided by the Programs Manager on request one week ahead of the trip date.

What will the day look like?

A typical three hour field trip will look similar to the following agenda. Please note that two hour field trips do not receive a lunch break.

9:50am -Arrive at park, eat a quick snack or play on the playground. Farm educator arrives and greets group.

10:00-11:30am - Farm Educator welcomes group and leads farm activities

11:30-11:50am - Lunch Break. There are two bathrooms and handwashing stations available. Remember we have a pack it in, pack it out policy

11:50am-12:50pm - Farm Activities

12:50pm-1pm - Walk back to park

How to prepare your students for the farm:

- The most common question is if we have farm animals. As a fruit and vegetable production style farm we currently only keep honey bees. We discuss all the native animals (Monarch butterflies, Banana Slugs, Hummingbirds, Etc.) to the area and draw on those for curriculum inspiration.
- Inform them of the trash pack it in, pack it out policy. This helps build responsibility and helps us reduce our waste at the farm. We do collect compostable food items and discuss composting at the farm in Spring time.
- Remind them to bring water bottles, sun protection, layers, a mask and back up mask and wear clothes they do not mind getting a little dirty. They will be on a farm and should be prepared for a full day outside.