

What to expect at The HEAL Project 2024 Summer Camp!

We are thrilled to welcome your family to The HEAL Project (THP) Farm Camp.

Feel free to contact our Farm Programs Manager, Donya Foley with questions, concerns, or inquiries at <u>farm@thehealproject.org</u> or (650) 918-2422. Our goal is for each and every camper to have the best time possible at camp. If there is anything we can do to facilitate a positive experience please let us know.

Registration:

-Payment in full is due at the time of registration. Follow this link to register: https://campscui.active.com/orgs/TheHEALProject?orglink=camps-registration
-Full refunds will be given for cancellations up to 24 hours after registration
-Cancellations can be made until 5/20/24 with a \$40 cancellation fee
-No refunds will be given for cancellations after 5/20/24 including for no shows or missing days of camp week unless in the event of a family emergency or covid positive test result.
-If weather (rain, air quality, etc.) or health restrictions prevent camp operations we will notify families of any cancellation and will provide a full refund for any dates THP cancels camp.
-Campers must be 6 years old by the first day of camp to register for all Farm to Fork Camps.
Campers must be 6 by 12/01/2023 to enroll in all other camps.

Refunds can be initiated through your ACTIVE account

What campers should bring each day of camp:

-A **lunch AND** two **snacks** per day. We will be harvesting and snacking on farm produce but do not consider these a substitute for snacks or lunch.

-A **mask**, if you choose to have your child wear one. Masks are optional unless mask mandates or other safety concerns result in THP implementing mandatory mask use for the safety of all. -**Water bottle** with plenty of water in it!

* We try to limit plastic waste so encourage reusable water bottles and food containers when possible. We have a water station for kids to refill their own bottles

-Clothing **layers** that you don't mind getting a little dirty including closed-toed shoes. The weather is very changeable on the coastside

-**Sun protection**. Sunscreen and sun hats are advised. We will help campers re-sunscreen after lunch but please pack your own.

-A positive attitude ready to have fun!



Parking Guidelines

Please drive under 25 miles per hour for safety when in the neighborhood and park vehicles at the public park on Bridgeport Drive for pick up and drop off or "Farm Open House" on Fridays (see map to the right). The farm is a short walk from the park, at the north end of Bridgeport Drive. The best address to use to get to the parking/pick up and drop off location is:

300 Bridgeport Drive, Half Moon Bay, CA 94019

<u>Safety</u>

The safety of children in our care is our top priority.

Please let staff know of any allergies necessitating use of an epipen.

Children or staff that have tested positive for

Covid-19 within 5 days of the camp session start

date will not be permitted to attend camp. If this is the case, you will be provided with a refund for that camp session. THP staff will do their best to keep frequently touched surfaces on the farm clean to prevent the spread of any illnesses.

Masks are optional for both staff and campers, families will be notified if this policy changes.

Daily Schedule Drop-off: 9:00-9:10am - Pick up: 2:50-3pm

We will meet as a group at the public park on Bridgeport Drive every morning and walk to the farm as a group around 9:30. Please check in with an educator at drop off so that we know you have arrived with your camper(s). We will be back to the park by 2:30 for a half hour of free play before pick up at 3pm. Please do not be late for pick up. <u>If you are going to be more than 10 minutes late please coordinate in advance with the Farm Programs Manager</u>.





Sample of daily schedule (subject to change!):

TIME	SCHEDULE
9	Drop-off
9 - 9:40	Icebreaker Game + introductions
9:40 - 10:00	SNACK
10:00 - 10:45	Activity #1
10:45 - 11:30	Activity #2
11:30 - 1	LUNCH/FREE TIME
1 - 1:30	Farm Chore
1:30 - 2:15	Activity #4
2:15-2:30	SNACK
2:15 - 3	Write in journals, walk back to park, free time at park
3	PICK-UP

Farm Wildlife:

The farm is adjacent to Rancho Del Tierra, owned by The National Parks Service, so please be aware that caution is needed to avoid common irritants.

- Please check campers for lice before the first day of camp and inform THP staff ASAP if any lice are found on your camper. If lice are found on any camper, THP staff will perform daily lice checks to make sure they have not been shared.
- There may be small amounts of poison oak in the hills surrounding the farm where we hike or hidden in the riparian zones around the farm. We identify and point out so campers can avoid it. Please inform THP staff if your child has a known strong allergy to poison oak or other common plants.
- Ticks may be found in the grass around the farm so please perform tick checks on campers each afternoon after they get home.

For more information about lice, poison oak, or ticks contact the Farm Programs Manager at <u>farm@thehealproject.org</u> or (650) 918-2422.